

## METHODS AND MEANS OF INTRODUCING NATURE

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**Abstract:** The article provides general information about ways to introduce preschool children to nature, activity centers and the work carried out in them, nature corners in groups, excursions and their educational aspect, importance, and the role of environmental education in a child's life.

**Keywords:** ecological education, imagination, emotion, excursion, impression, enjoyment, caution, thrift

Today, ecological problems are emerging as a result of humanity's irrational use of nature. The broken relationship between man and the environment is causing great concern among the general public.

The face of our planet has begun to change due to human misuse of natural resources. Green spaces are becoming sparse, certain types of plants and animals are decreasing, and mineral resources are dwindling. Water and air pollution are further complicating energy and freshwater issues, while the increase in waste products is further complicating issues such as providing the population with food. As a result, the natural state of the environment is being damaged.

Ecological knowledge is the study of the structure, properties, natural environment, development, change, renewal, the state, structure, relationship between all living things on Earth, their lifestyle, natural resources and ways to use them rationally. Every person must know the relationship between nature, the surrounding environment, and the laws of nature.

The fundamental meaning of ecological knowledge, education and upbringing is the study and application of the permanent unity, chain, and natural and social laws that connect man and nature. The goal of ecological education is to cultivate a knowledgeable person who will positively interact with the natural environment, plants, and animals, who will use natural resources and their resources economically, who will preserve and protect nature, who will add beauty to it, and who will know social and natural laws.

When introducing preschool children to nature, the teacher should organize educational activities in such a way that the child responds to each activity with great interest. Classes are the main means of educating and educating children. And of course, it is advisable to organize them on the basis of a program, in a language appropriate to the child's age and understandable to him, taking into account the child's personal abilities. That is, it is necessary to adapt education to the child, to take an individual approach to each child.

Children acquire worldly knowledge in everyday life, during observations, games, and labor activities. In turn, they consolidate their independently acquired knowledge through classes.

One of the most effective methods of introducing children to nature in preschool educational organizations is an excursion. An excursion is one of the forms of work that introduces children to nature. During the excursion, children get to know plants and animals, as well as inanimate

nature. During the excursion, children see the beauty of nature with their own eyes, hear the sounds of trees and birds, feel, get impressions, and feelings of enjoyment and love for nature begin to form. Love for nature and a careful attitude to it are brought up. Excursions are used as a type of activity in all groups.

To introduce children to nature, there are developmental activity centers in preschool educational organizations. Science and Nature Center - this center further strengthens children's knowledge of nature and mainly carries out the following activities.

Children develop concepts about living nature and its structure, development, changes in it, natural phenomena.

- natural resources teach their quantity, quality, size, types, and ways of economical use
- animals study their habitat and lifestyle
- children develop practical knowledge and skills through experiments.

The presence of a living nature corner in each group room of a preschool educational organization is one of the necessary conditions for the visual and practical introduction of children to nature. The nature corner gives children the opportunity to have a close relationship with animals and plants throughout the year, to observe plants for a long time. This serves as a laboratory for children. The educational value of the nature corner is that children observe the names, parts, and development processes of plants. They become familiar with the type of labor spent on caring for plants and animals. In conclusion, we can say that by developing ecological education in preschool children, their love for nature is formed and the foundation is laid for their future mastery of natural sciences. We can say that the use of modern methods in providing ecological education to children is very effective.

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