



DIRECTIONS OF WORK FOR THE FORMATION OF SOCIAL-HOUSEHOLD SKILLS IN MENTALLY-DEAD STUDENTS

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Abstract: In this article, the main goal of the formation and development of social and household skills is to help students with mental retardation in specialized auxiliary schools, boarding schools to use the knowledge, skills and qualifications acquired at school to start an independent life after graduation, to successfully adapt to it, and to develop their mental activity. ways to develop the formation as reliably as possible are indicated.

Key words: specialized school, boarding school, mentally retarded, social adaptation, confidence, children with disabilities, lessons and training.

Efforts are being made to enable people with mental disabilities to live in the community on an equal basis, to form their social adaptation, and to improve their verbal and non-verbal communication skills. UN General Assembly "Disabilities rights about "Convention". acceptance did 1 . Convention of the UN mind weak of individuals in moderation developed to individuals equalization standard rules and mind weak to individuals about actions document acceptance did and in it mind weak persons all citizens row equal to entitlement based on education to get confession it was done while mind weak of children to life social adaptation and education to get for innovative technologies in creating important importance occupation is doing Mind weak of children social in life active participation that it will provide according to In our republic, " population social protection do , disabled and of the population another needy categories state support by 2 " . to strengthen separately attention given This of reforms execution as a result since childhood mind weak has been of children complete to life social adaptation to them medical and pedagogical help show system will be improved again in . Thus it is The main goal of the formation and development of social and household skills is to enable students with intellectual disabilities in specialized auxiliary schools, boarding schools to use the knowledge, skills and qualifications acquired at school to start an independent life after graduation, to successfully adapt to it, and to confidently perform their mental activities on their own. is to form as much as possible.

What should a graduate of an assisted living boarding school know and be able to do as he embarks on an independent life?

He should know how to serve himself and his loved ones at home, in the following areas: personal hygiene, arranging meals, taking care of housing, knowing and being able to take care of clothes, shoes and other items of daily life. requires to be done. Such knowledge and skills provide a person with a certain degree of independence, confidence and non-dependence on others, and provide them with constant, pluralistic support. Service of commercial institutions (store, market, kiosk), household service (hairdresser, atelier, repair shop, kitchen, cafe, etc.), communication (post office, telephone, telegraph), culture (library, cinema, theater, museum) and public transport) is also important.

Unfortunately, in life there are undoubtedly situations in which medical assistance is needed. Therefore, in such cases, children should know how to contact medical institutions (pharmacy, hospital,

"emergency" service) and provide some first aid.

In order to successfully and well organize an independent lifestyle, a person must adapt to economic and household issues: he must have an idea about money, income, budget, the main items of the budget's expenditure part, he must know how to plan it by month, he must be able to use money appropriately, etc. .

It is important for a person to organize his free time wisely and purposefully.

One of the important conditions that help the social adaptation of auxiliary school pupils is to know how to deal with them; express their thoughts fluently and logically; questions, requests, offers to help; listen carefully to the answers; to say thanks for the answers; use of speech etiquette; It consists in forming the order of keeping a turn in conversation.

Formation of the mentioned socio-household skills in children is mandatory and undoubtedly, strictly, inevitably based on mutual socio-cultural common mandatory order and rule between people. This general mandatory order, rules were developed by mankind in the course of historical development, and as long as it is so, it is not for individual people, although it belongs to him, it applies to all people living on our planet. With children and adults; with men and women; with students and teachers; with children and parents; with other relatives; the relationship with peers vb in the spirit of mutual respect and benevolence is mutual care for each other.

Teachers should help children learn the culture of interaction between people based on the rule of general mandatory order, this general mandatory order should help to pay attention to the rules, make it easier.

Forming an attitude in students in accordance with household and cultural values and the general, mandatory rules of morality and decency, inculcating such moral qualities in them, including kindness to others, intelligence, compassion, caring, striving to help others, It is important to teach how to help. Also, in order to be successful in the process of interconnected development of the child in the society, it is also brought up to have an effective positive attitude in the environment.

In order to organize a person's independent lifestyle, it is important to form voluntary qualities and skills such as independence, responsibility, initiative, courage, overcoming difficulties and bringing the work to the end. , depending on one's strength, knowledge and opportunity.

If a person knows his work and has the skills to do it, he will have confidence in his own strength. In turn, a self-confident person grows quickly, develops and acquires the necessary knowledge and skills. Therefore, the ability and success of organizing daily life in the students is one of the poets of the effectiveness of their social and household training.

A child who has acquired socially important knowledge and skills can perceive the environment-things, processes, events, etc. only when he acquires exactly the same, appropriate and perfect. Analysis of different life situations of mentally retarded children, their assessment; current importance of existing knowledge and skills in the required position; it is necessary to teach comparison, generalization, coming to a certain opinion, drawing conclusions etc.

Thus, for the independence and non-dependence of a mentally deficient person, one of the most important means is to correct the disorder in his cognitive activity as much as possible.

Such a highly desired "portrait" of a graduate of an auxiliary school, perfect in all respects, can be considered as the goal of the process of social and household preparation. In order to achieve the goal, it is necessary to solve the following main tasks that are formed in the students:

- knowledge and ability to do household work (personal hygiene, organizing meals, taking care of accommodation, clothes, shoes and other things in everyday life);
- knowing how to use the services of various institutions and organizations (trade, household service, communication, culture, medical service), transport;
- economic and household knowledge;
- know how to organize your free time;
- knowing the relationship;
- to imagine and know the general mandatory rules of the culture of interaction with different people (familiar and unfamiliar, unfamiliar, older and younger, teachers, peers, etc.), to gather relevant experience;

- highly morally impressive positive attitude of those around;
- willpower, confidence in one's own strength and capabilities;
- cognitive activity.

Social-household orientation is aimed at preparing mentally retarded children for practice, increasing their general development level.

The tasks described above show the important areas of work, as well as "Personal hygiene", "Clothing", "Food", "Family", "Culture of treatment", "Residential" of the work related to the social and household preparation of pupils. , "Transport", "Commercial institution", "Means of communication", "Medical care", "Organization, institution and enterprise", "Household economy", "Employment" .

In general , household processes perform technology recommendation we do Man which performs movement of work directly in execution work from the process consists of , for example , dirt washing process , ironing , knitting wearing Operation , methods , actions work of the process structural parts is considered

Har how work (operation) one different tools and work methods help with together bit work o ' rinda executable work of the process is part of For example , dirt washing process the following from operations consists of : clothes to different separating , washing , soaping , laundry cleaning up walking , clean in the water rinse , squeeze , dry for spreading Operation work methods by means of will be done .

Method-labor of activity elementary (primary) and completed the result to get directed practical actions is a monkey For example , dirt washing in the process washing clothes operation the following of methods consists of : water preparation , laundry washing tool in the water dissolve in water clothes put Practical activity methods some Practical from actions consists of

Actions completed set activity is called For example , in water powder melting the following from action consists of : powdery box is taken ; to the glass a little powder put (initial stage zero - dimensional in a bowl to teach necessary), dusty box to the place It is poured into a glass powder watery to the circle put in ; in the water powder by hand until dissolved mixed . Practical work activity from actions consists of

Movement is human or his body , feet , hands , fingers one different it or this thing holding stand up or from shifting consists of For example , a box get for touch him to move and direct the box to the right factor necessary

So doing , work the process is correct perform his elements first of all sure o ' absorbing to get related : activity , action , method , operation . That's why for the children some kind of household process with from introduction before pedagogues his analytical events done increase to the goal according to -m o ' ayyan of the process to go done or in mind imagination pedagogue his elements necessary in consistency to the column writing goes Row operations , methods , activities , actions their t o ' gry fulfillment descriptive sure to parameters have For example , buttons , hooks in betting of shells the number enter in the wash of water temperature of gases differently different types rinse various districts from gasses prepared clothes the nights when ironing iron thermoregulator suitable to the mark o ' installation etc. This information work of the process suitable structural elements with one to the line right on the side to put on top necessary Household of the process so kind of the analysis is not clear activity of types clear , consistent result teach both the pedagogue and the child of the process sure type to form help gives Initial of the process accuracy and t o ' deafness explanation in children formed knowledge and qualifications mastery process feel them level makes it easier .

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