



## MEANINGFUL ORGANIZATION OF FREE TIME OF NEIGHBORHOOD YOUTH

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**Annotatsiya:** Yoshlar – har bir jamiyatning kelajagi, uning umidi va kuchidir. Ularning bo'sh vaqtini mazmunli tashkil etish esa, nafaqat shaxsiy rivojlanish, balki jamiyatning ijtimoiy va madaniy hayotida ham muhim ahamiyatga ega. Mahallalarda yoshlarning bo'sh vaqtini mazmunli tashkil etish, ularning ijtimoiy faolligini oshirish, salomatligini mustahkamlash va ma'naviy-axloqiy tarbiyasini yaxshilashda muhim rol o'ynaydi.

**Kalit so'zlar:** yoshlar, sport musobaqalari, salomatlik, jamiyat, madaniy tadbirlar, bo'sh vaqt.

**Аннотация:** Молодежь – это будущее каждого общества, его надежда и сила. Содержательная организация своего свободного времени важна не только для развития личности, но и для социальной и культурной жизни общества. Оно играет важную роль в содержательной организации свободного времени молодежи в микрорайонах, повышении ее социальной активности, укреплении здоровья и повышении духовно-нравственного воспитания.

**Ключевые слова:** молодежь, спортивные соревнования, здоровье, общество, культурная деятельность, свободное время.

**Abstract:** Youth is the future of every society, its hope and strength. Meaningful organization of their free time is important not only for personal development, but also for the social and cultural life of society. It plays an important role in the meaningful organization of free time of young people in the neighborhoods, increasing their social activity, strengthening their health and improving their spiritual and moral education.

**Key words:** youth, sports competitions, health, society, cultural activities, free time.

### INTRODUCTION

How young people spend their free time depends on their interests, needs and goals. Therefore, it is necessary to organize various activities and events for young people in the neighborhoods. These activities should match the interests of young people, engage them and develop their social skills. Firstly, sports activities are one of the most effective ways for young people to spend their free time meaningfully. Sport not only improves physical health, but also strengthens the team spirit.

### MATERIALS AND METHODS

Youth can be attracted to sports by holding sports competitions, tournaments and sports festivals in the neighborhoods. These activities develop the spirit of friendship, cooperation and competition among the youth. Secondly, cultural activities are also important for meaningful leisure time of young people. The creative abilities of young people can be developed by organizing theater, music, dance and art exhibitions in the neighborhoods. Such activities make young people interested in art and culture, form their aesthetic taste and increase their creative thinking ability. Thirdly, educational and study activities are also one of the important aspects of meaningful spending of free time of young people. Youth can be encouraged to learn by establishing libraries, study centers and educational programs in neighborhoods.[6]

Reading and learning develop young people's thinking skills, introduce them to new ideas and knowledge. Fourthly, social activities are another important direction of meaningful spending of free time of young people. By engaging young people to participate in social projects, charity events and solving local

problems, their social responsibility can be increased. Such activities encourage young people to be useful to society, help others and promote social justice. Fifth, environmental activities are also important for meaningful leisure time of young people. Young people can be interested in environmental issues by conducting environmental clean-up activities, tree planting campaigns and nature conservation activities in neighborhoods. These activities improve young people's attitude towards nature and educate them as environmentally conscious individuals. Cooperation between neighborhood activists, parents and educational institutions is important in meaningful organization of free time of young people. [2]

## **RESULTS AND DISCUSSIONS**

Specialists, psychologists and pedagogues working with youth in neighborhoods should help identify and meet the needs of young people. Events and activities organized for young people should match their interests and needs. Modern technologies can also be used to meaningfully spend free time of young people. Through the Internet and social networks, young people can be involved in various online activities, training courses and creative projects.[1]

It helps young people to gain new knowledge, get acquainted with interesting ideas and interact. Meaningful organization of free time of young people is important in improving their personal development, social activity and spiritual and moral education. Sports, culture, education, social and ecological activities in neighborhoods can attract young people, satisfy their interests and increase their social responsibility. Cooperation between neighborhood activists, parents and educational institutions is important in these processes. It helps young people to spend their free time meaningfully, shape their future and be useful to society. Therefore, it is necessary to create favorable conditions for young people in every neighborhood, to organize events that suit their interests and to ensure their active participation in social life. This is an important step for the future of young people and plays an important role in the development of our society.

It is important to organize environmental activities in the neighborhood, to protect nature and to raise environmental awareness. Organizing activities to clean parks, streets and other public places located in the neighborhood. The environment can be improved by involving youth and neighborhood people in picking up waste and cleaning up areas. Conducting tree planting activities in the neighborhood. These activities serve not only environmental protection, but also increase the appearance of the neighborhood. Involvement of youth and children in planting trees improves their attitude towards nature. Organization of environmental education programs in the neighborhood. Within the framework of these programs, the population, especially the youth, can be informed about environmental issues by holding seminars, lectures and trainings. Holding festivals or holidays in the neighborhood on an ecological theme. In the framework of such events, it is possible to attract the population, especially young people, by organizing exhibitions, creative works, sports competitions and ecological games. Development of social projects to solve environmental problems in the neighborhood. For example, water conservation, waste recycling or energy conservation projects. Organization of environmental volunteer groups in the neighborhood. These groups can actively participate in the planning and implementation of environmental activities in the neighborhood. Identifying existing environmental problems in the neighborhood and carrying out measures to solve them. Discussing problems together with residents and proposing solutions. Dissemination of information about environmental events and activities in the neighborhood through social networks. By doing this, more people can be attracted and encouraged to participate in the activities. Environmental competitions among young people. For example, awarding the team that collected the most waste or presented the best environmental project. Conducting trainings and master classes to develop environmental skills in the neighborhood. Through this, the population, especially the youth, will acquire skills on environmental issues. [5]

Organization of environmental activities in the neighborhood is important not only for environmental protection, but also for raising environmental awareness in society and strengthening unity among residents. Through such activities, it is possible to unite the residents of the neighborhood, improve their attitude to nature, and focus on environmental issues.[4]

## **CONCLUSION.**

Meaningful organization of free time of our youth will help their personal and social development and help them become successful people in the future. Organization of such activities in neighborhoods is important for uniting our youth, developing their interests and increasing their social responsibilities. Thus,

meaningful organization of free time of young people in neighborhoods is important not only for their personal development, but also for the future of our society.

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