



## PREMARRIAGE FACTORS AND THEIR IMPACT ON MARRIAGE STRENGTH

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**Annotatsiya:** Mazkur maqolada nikoh tushunchasi, nikohga tayyorgarlik, nikoh oldi omillari, nikohning mustahkamligi, nikoh oldi omillarining nikoh mustahkamligiga ta'siri, erta turmush qurish, yoshlarning nikohga tayyorgarligi haqida so'z yuritilgan hamda tahlil qilingan.

**Kalit so'zlar:** nikoh oldi omillari, mustahkam nikoh, moliyaviy barqarorlik, yosh, oilaviy qo'llab-quvvatlash, o'zaro muloqot, ajralish xavfi, oila an'analari, ijtimoiy ta'sir, erta turmush, ta'lim darajasi.

**Аннотация:** В данной статье рассматриваются понятие брака, подготовка к браку, факторы, влияющие на брак, прочность брака, влияние факторов на прочность брака, ранние браки и готовность молодежи к браку, а также проводится анализ этих аспектов.

**Ключевые слова:** факторы, влияющие на брак, прочный брак, финансовая стабильность, возраст, семейная поддержка, взаимное общение, риск развода, семейные традиции, социальное влияние, ранний брак, уровень образования.

**Annotation:** This article discusses the concept of marriage, preparation for marriage, pre-marital factors, the stability of marriage, the impact of pre-marital factors on marital stability, early marriage, and the readiness of young people for marriage, as well as analyzing these aspects.

**Keywords:** pre-marital factors, stable marriage, financial stability, age, family support, mutual communication, risk of divorce, family traditions, social influence, early marriage, level of education.

Family is a social structure in which people live in close contact with each other, based on mutual assistance, support and love. The family is an important institution that has not only personal but also social significance. As stated in Article 76 of Chapter XIV of the new Constitution of Uzbekistan entitled "Family, Children and Youth", "The family is the basic unit of society and is under the protection of society and the state. Marriage is based on the traditional family values of the people of Uzbekistan, the voluntary consent of the spouses and equal rights. The state creates social, economic, legal and other conditions for the full development of the family" [1]. From the content of this norm it is understood that the institution of the family is a philosophical-legal, socio-biological and spiritual-moral category. Chapter 3 of the Family Code of the Republic of Uzbekistan fully covers such legal aspects as marriage, the procedure for concluding a marriage, its voluntariness, and the age of marriage [2]. From the moment of registration of marriage that the state is responsible for controlling, solving problems, taking control and legally managing family relations. The family determines the initial and most important values of human life. It affects people's emotional state, personal development and social relationships. The family, as the main unit of society, also serves social stability and development. The family plays an important role in the life of every person, and its stability, health and good relations have a great impact on social life. Children who grow up in the support, upbringing and environment of the family, in turn, become useful members of society. According to current observations, most parents accumulate wealth and dowry in order to get their children married, do everything they can to make a fortune, and by holding a big wedding, they fulfill their duty and breathe freely. However, one of the most important issues is forgotten - preparing their daughters to be brides and their sons to be grooms. Unfortunately, many young people enter the world of marriage

unaware of the teachings of our religion about family, married life, their mutual relationships, rights, duties and responsibilities. Usually, during the wedding and at the beginning of family life, the relatives of the bride and groom, the groom's companions, and the bride's sisters give them advice on how to "make their partner more docile" and other trivial things. In fact, these tips can never answer the question, "What should a husband be like in a family?" On the contrary, they only cause tension in family relations. Young people need to learn the teachings that will require money, time, effort, knowledge, and intelligence for their family happiness. It is the duty of every parent to pay special attention to this issue. Young people should constantly read books, listen to lectures, and listen to audio recordings to increase their knowledge of family life. There is also a lot of information on the pages of the international information network. Those who do not know can ask and learn. Perhaps, it is necessary to find an opportunity and open training courses for brides and grooms. Taking other necessary measures and making every possible contribution to this important work by specialists in each field will lead to good results. It is necessary to coordinate the activities of these specialties and ensure their effectiveness [3]. Families are necessarily formed on the basis of a legal and civil marriage between two young people. Marriage is a legal and spiritual process that determines the formal and social union between two individuals. Marriage is usually built on the basis of love, cooperation and mutual understanding and is important in many cultures. Marriage has two meanings, namely, the legal meaning: Marriage is a legal union of two individuals and a contract that defines their rights and obligations to each other. The spiritual meaning: Marriage provides love, loyalty and mutual support between individuals. First of all, we emphasize to young people that family and marriage are sacred. Before starting a family, you need to answer the questions: Can I manage a family? Am I ready to fulfill the role of father or mother? If you can answer these questions satisfactorily, you can then start a family. Getting married or getting married is not a game of hide and seek, played today and then abandoned tomorrow. It requires from us to envision a lifetime together, and then make a decision based on the proverb, "Better safe than sorry." They say, "The first thing I see is the apple of my eye, the next thing I see is mud." After deep reflection, inquiry, and meeting, if person has decided to start a family, he should consider this family sacred. He should cherish it as much as possible, not betray it, and strive to be a faithful wife or husband. According to today's statistics, after our young people have started a family in a short time, they claim that our characters do not match each other and that we cannot understand each other. Statistical data is collected by dividing young families that have been married for two or three years into two types. The first type of families are young people who found themselves, fell in love, and started a family of their own free will. The second type of family is made up of adults, parents, blood relatives, young people who met each other for the first time and formed a family of their own free will. Statistics have shown that of these two types of families, the first type has a higher rate of divorce. The expert observation, psychological analysis and synthesis research concluded as follows: because young people who have found each other and are in love show each other only their good, beautiful, and positive sides, these young people are couples who have learned to love these good qualities and develop skills in each other's positive sides. After they start a family and reach each other's level, they reveal their hidden defective behaviors and actions, thinking that there is no need to hide their negative actions. Divorces are more common among young people who are not used to and do not expect these uncombined actions. The second type of family is couples who do not know each other well, have not developed skills in their good and bad actions, and have learned to learn from each other and have become accustomed to the family because they are now seeing everything [4]. Of course, premarital factors are also important in marriage. There are several factors that need to be considered before marriage. These factors can affect the stability and success of the marriage.

#### **Pre-Marriage Factors:**

**1. Education:** Couples with a higher level of education are more likely to stay married. People with higher education tend to have better jobs and are more financially stable.

**Age:** Marrying later (after 30) is associated with stronger marriages. Age differences also play a role: couples of similar ages are more likely to have misunderstandings.

**Financial status:** Financial stability, mutual understanding and cooperation in financial matters have a significant impact on the success of a marriage. Financial problems are often the cause of divorce.

**2. Family and community influence:** Support from family and friends can strengthen a marriage. Respect for family traditions can strengthen the relationship between a couple.

**3. Other relationship experiences:** Previous relationship experiences can influence the understanding and connection between people entering into a marriage. These experiences, even if negative, can lead to change and improvement.

Premarital factors are the main factors that determine the strength of a marriage. Although the personal situation and circumstances of each couple are different, it is important to take into account common trends. Taking these factors into account before entering into marriage can help strengthen relationships and maintain a successful marriage. Some literature includes the following as premarital factors: maturity for family life, motives for starting a family, duration of dating before marriage, age at marriage, conditions for marriage, and ideas about family life. Of course, all premarital factors affect the strength of a marriage. When it comes to maturity for marriage, it is possible to distinguish between the following aspects of maturity of the couple who are starting a family: physical (physiological), sexual, legal, economic, spiritual-moral, and psychological. Among these, legal and sexual maturity indicators have sufficiently clear indicators and signs, and there are many references to them in the relevant legal, medical, and psychological literature, while economic, spiritual, moral, and psychological aspects are somewhat more complex, characterized by a strict indicator and a limit. The concept of maturity for marriage is also a very complex and relative concept. Because a person is a being who is constantly developing and improving, constantly reaching new heights in his professional activities or spiritual and moral development.

If we talk about a person's "full maturity" for a particular activity, this means that he has reached a certain limit and cannot develop beyond it. That is why the concept of "maturity" cannot be used in the literal sense when talking about a person's maturity for marriage or any activity. That is why when talking about a person's "maturity", especially "maturity" for marriage, family life, this concept is used only as a certain generally accepted standard, average norm, a certain conditional "unit of measurement", indicators, etc. For example, for all educational institutions (schools, lyceums, colleges, institutes) there are graduation exams (state exam system, diploma thesis defense system, etc.), and with their help it is possible to determine the average amount of knowledge and skills mastered by graduates. This gives them a certain right to continue their education or work in a certain specialty. From this point of view, "maturity" serves as an indicator that determines the qualitative and quantitative characteristics of reaching a certain stage, phase, or boundary of development with a certain degree of accuracy. The issue of a person's maturity for marriage and family life is a very complex and individual indicator that cannot be measured by any strict criteria [5].

### **Conclusion**

Premarital factors and their impact on the strength of a marriage are very significant. Mutual trust, love, and communication create a good relationship between a couple preparing for marriage. Adequate preparation before marriage helps ensure its long-term sustainability. Therefore, it is important to consider all the necessary factors before entering into marriage. Premarital factors play an important role in strengthening the relationship between a couple. Taking these factors into account helps increase the success of a marriage. Before entering into marriage, couples should seek psychological counseling and identify their needs and desires in their relationship. This will help them make decisions that are not against each other. Financial planning before marriage helps to strengthen trust between couples. This will not only help with family stability, but also in making major decisions in the future.

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