

THE PRACTICAL SIGNIFICANCE OF THE “SAFETY OF LIFE ACTIVITIES IN SPORTS EDUCATIONAL INSTITUTIONS” MODULE IN THE DIRECTION OF IMPROVING THE QUALIFICATIONS OF "SPORT EDUCATIONAL INSTITUTIONS TEACHERS"**Akhmedov Akrom Abrolovich***Senior teacher of the Institute of retraining and professional development
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Abstract: This article describes the practical importance of the module "Safety of Life Activities in Sports Educational Institutions" in the direction of improving the qualifications of "Teachers of Sports Educational Institutions".

Key words: Sports educational institutions, educators, safety of life activities, safety measures

Relevance and necessity of the topic. Each period has its own development factors, needs and requirements. Therefore, it is important to create the necessary conditions for attracting young people to sports, to ensure their safety and to effectively use all opportunities.

Great attention is being paid to the implementation of these works in the republic, including the comprehensive program attached to the Resolution of the Cabinet of Ministers of the Republic of Uzbekistan No. 208 dated July 19, 2011 "On preparing the population for action in emergency situations (natural and man-made) caused by earthquakes" sets the task of introducing the "Life Safety" (or rather "Life Activity Safety", since activity concerns only humans) training course at all levels of the national education system. [1,15].

It is important for the society to educate a highly moral and enlightened person who accepts the safety of human life and his activity as a first-class task. The module "Safety of life in sports educational institutions" in the direction of advanced training of "educators of sports educational institutions" includes the conditions of a favorable environment for educators of sports educational institutions in their professional activities, methods for identifying dangerous and harmful environmental factors, methods for developing and implementing technical and organizational measures to protect the physical culture of a person. Also, the development of specific programs for advanced training in measures for the safe operation of technical facilities and equipment and safety rules, including taking into account the specifics of the professional activities of sports specialists, is an urgent problem.

Purpose of the work – Identification of current problems in studying the practical importance of the module "Safety of Life Activities in Sports Educational Institutions" in the direction of improving the qualifications of "Teachers of Sports Educational Institutions".

Research methods – analysis and generalization of existing scientific and methodical literature, normative documents, pedagogical observation, conducting questionnaires and interviews among leading experts in the field, studying and summarizing modern experience.

Results and discussion of the study. As a result of the analysis of the results of the survey and interview conducted among the leading specialists of the field in order to identify the existing problems in the field of life activity safety, today, the following were determined regarding the life activity safety measures in sports educational institutions:

- study of world experience and national values;

- organize regular safety trainings for educators and employees;
- identify and assess risks at sports facilities, playgrounds;
- constant presence of medical specialists to protect the lives, health and prevent injuries of students;
- develop and implement evacuation plans to help eliminate external and internal threats in emergency situations;
- teach the correct and safe use of sports equipment;
- constantly monitor sports fields and facilities.

The practical importance of the module "Safety of life activities in sports educational institutions" in the direction of improving the qualifications of "Teachers of Sports Educational Institutions" has been highlighted.

Interviews with trainees of the "Sports Education Institution Educators" training program to study the problems of life safety in sports education institutions, as well as online and offline questionnaires, were conducted with trainees who completed this course from February 2024 to November 2024.

Research shows that in a survey of educators, when asked "What do you think should be done to ensure the safety of life in a sports educational institution?", 48.8% of respondents indicated that they would pay attention to providing regular safety talks and recommendations for educators and staff, 15.8% to identifying hazards in sports facilities and playgrounds, and 35.4% to teaching the correct and safe use of sports equipment (Table 1).

Table

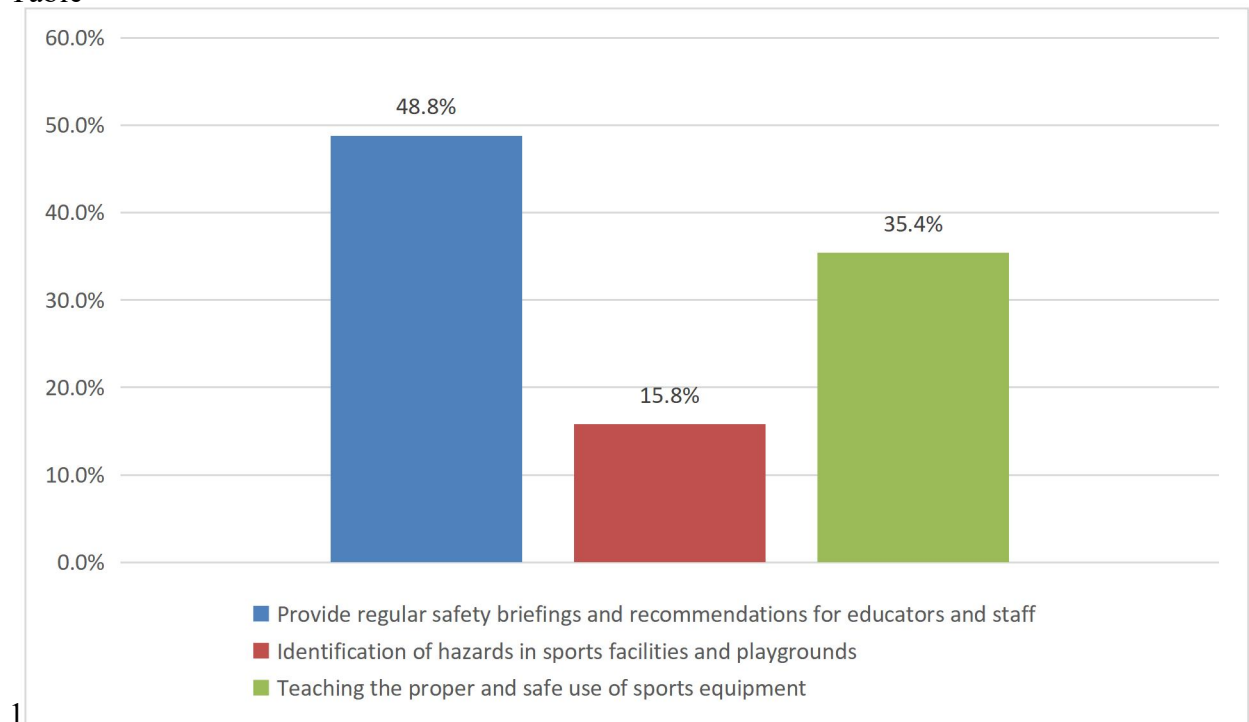


Figure 1. What should be done to ensure the safety of life activities in a sports educational institution?"

When the respondents were asked the question "What information are you interested in regarding the safety of life activities in sports?" 32.5% of the respondents said - protection from

injuries in their professional activities, 45.8% - methods of self-protection, and 21.7% - technical safety (Fig. 2).

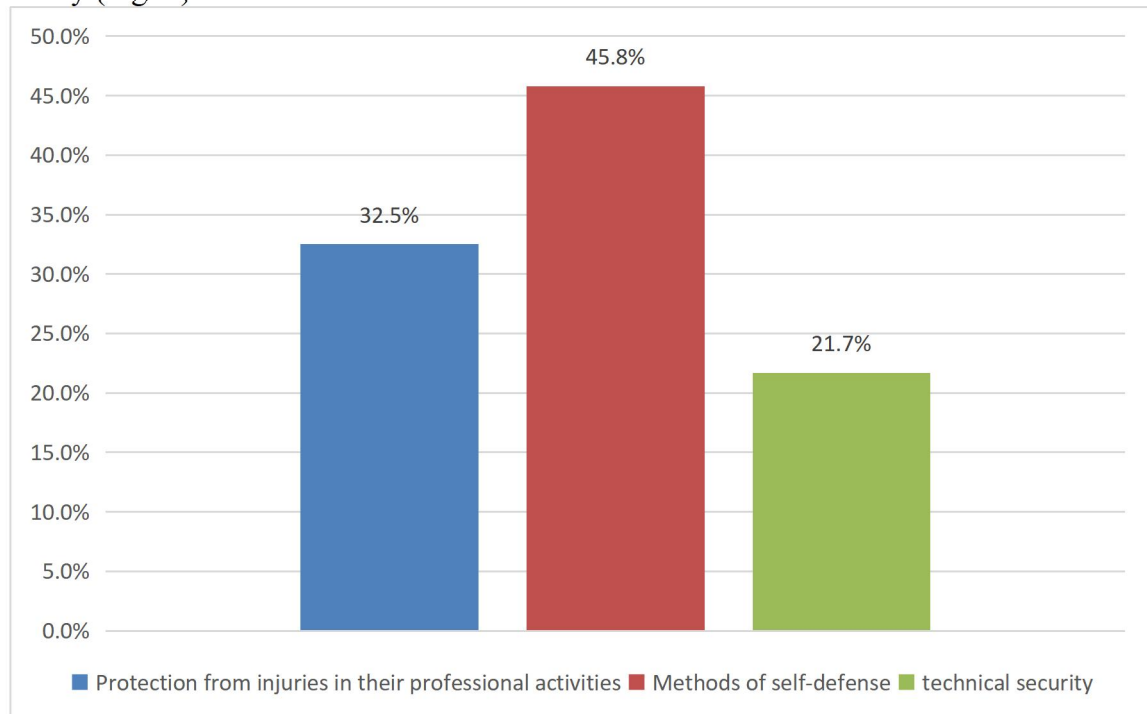


Figure 2. Indicators of respondents' interest in occupational life safety

The development of the module “Life Safety in Sports Educational Institutions” includes the following stages, namely

- hazards that may occur in our country;
- hazards, their classes, main sources;
- laws, regulatory and technical documents related to this area;
- existing and possible hazards in the means and equipment used in the dormitory;
- selection of organizational measures to eliminate or reduce the consequences of hazards;
- issues related to life safety and labor protection;
- ensuring the protection of the life and health of students;
- safety requirements and hygiene rules in the dormitories of sports educational institutions;
- knowledge of fire and technical safety rules;
- prevention of hazards that may occur in sports educational institutions;
- ensuring the safety of students in case of emergency situations;
- implementation of organizational measures aimed at eliminating risks or reducing their consequences;
- safety requirements and hygiene rules in dormitories of sports educational institutions;
- compliance with technical and fire safety rules in dormitories and ensuring the protection of the life and health of students;
- aimed at improving knowledge, skills and competencies in the use of knowledge, skills and qualifications in professional activities by students during the development of advanced training courses.

Based on the above objectives, it is considered appropriate that the content of the module program "Life safety in sports educational institutions" cover the following topics:

- Regulatory and legal bases for ensuring life safety.
- Types of emergency situations and their classification
- Rules for using dormitories in sports educational institutions

As a conclusion, it can be noted that the module "Safety of life activities in sports educational institutions" in the direction of training "Teachers of sports educational institutions" is closely related to physical education and sports, and also determines the need to constantly improve and update the content of the topics selected in the program.

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