

THE IMPORTANCE OF LEARNING FOREIGN LANGUAGES

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Abstract: This article delves deep into importance of studying more than one native language as well as converse about the efficiency we take. The study of foreign languages teaches and encourages respect for others. It fosters an understanding of the interrelation of language and human nature. Foreign languages expand one's view of the world, liberalize one's experiences, and make one more flexible and tolerant. Moreover learning new languages are beneficial for mental agility and also open so many chance doors.

Keywords: globalization, cultural awareness, intercultural communication, cognitive benefits, bilingualism, multilingualism, personal growth, career advancements, enhanced memory, educational enrichment.

Annotatsiya: Ushbu maqola bir nechta ona tilini o'rganish muhimligini chuqur o'rganadi, shuningdek, biz olgan samaradorlik haqida suhbatlashadi. Chet tillarini o'rganish boshqalarni hurmat qilishni o'rgatadi va rag'batlantiradi. Bu til va inson tabiatining o'zaro bog'liqligini tushunishga yordam beradi. Chet tillar insonning dunyoga bo'lgan nuqtai nazarini kengaytiradi, tajribalarini erkinlashtiradi va odamni yanada moslashuvchan va bag'rikeng qiladi.

Kalit so'zlar: globallashtirish, madaniy xabardorlik, madaniyatlararo muloqot, kognitiv foydalar, ikki tillilik, ko'p tillilik, shaxsiy o'sish, kasbiy yuksalish, yaxshilangan xotira, ta'limiy boylik.

Introduction

It is well known that attention to the field of languages is increasing day by day. This can be proven by the significant rise in interest and demand for language learning among young people over the past decade. Therefore, in this article, let us discuss one of the most essential skills of language—the benefits of learning foreign languages.

In today's age of globalization, advancing second language learning is indeed one of the most enriching pursuits an individual can undertake. People are increasingly recognizing the importance of language when it comes to opening countless opportunities and transforming one's life entirely. As we move toward a more interconnected world, the borders between cultures continue to diminish, making language skills more valuable than ever. Learning a new language can help you connect with people, improve your skills, and develop your reasoning skills. It can also help you travel and immerse yourself in new cultures.

Materials and methods

In fact, numerous surveys conducted worldwide have recognized expanding linguistic horizons as the most challenging skill. A vivid example of this is the research conducted by Ellen Bialystok who dedicated much of her time to studying the cognitive benefits of bilingualism and multilingualism. Through her studies, she demonstrated how immersing in a new language improves cognitive flexibility, and problem-solving, and delays the onset of dementia. She also did some experiments related to that topic on children: researched how bilinguals perform better in multitasking and memory-related tasks. In that study, Bialystok examined the difference in development and subsequent coordination of these three components of executive function in bilingual children as opposed to that of monolingual children. Two groups of children who were either monolingual or bilingual completed a complex classification task that required the use of either one or multiple components of executive control functions.

Alright, let's focus on the types of benefits that people can take from gaining another language proficiency:

Here are the top ten most important benefits of learning a language:

.Enhances the multi-tasking ability, make friends, and career advancements, boosts brain power, improves memory, sharpens the mind, helps to personal growth, and travel opportunities. Along with that, you will be introduced to the three most noteworthy benefits in greater detail:

1. Enhances the ability to multi-task.

Due to the increased mental load of learning a new language, multitasking skills often improve as a side effect. Learning a new language requires us to multitask across many domains, including our ability to hear, speak, read, and write. This calls for multitasking, fluency in multiple languages, and thinking on one's feet.

The consequence is an enhanced ability to switch between tasks and more cognitive control for language students. They develop the ability to juggle numerous information sources and tasks with ease. Improved multitasking skills are transferable to other areas of life, including the workplace and the classroom, where they are essential to success.

2. Making friends.

Another crucial benefit of it has to be mentioned is broadening your relationship with other foreign individuals by making them best friends. In that place, one question emerges: how?

Let's break this down further: when someone just starts learning one language from scratch they always hesitate due to fear of making mistakes but if they can break the ice and start small talks with someone they will definitely make progress and help them absorb language better in this point made from foreign countries help them to socialize more and also understanding one's ideas in their own language tighten their connection. Beyond professional advantages, speaking multiple languages allows individuals to form meaningful relationships and broaden their perspectives through making foreign friends.

3. Career advancements

Language proficiency plays a pivotal role in career advancement, offering numerous benefits that enhance professional growth. Nowadays knowing only one native language is not enough for the person who wants to achieve more and wants to get rewards in their professional field. Therefore everyone is trying to be multilingual as this skill opens a lot of doors to develop. One true example is given here:

The Journal of Harbin Engineering University emphasizes that English language proficiency significantly impacts career advancement across diverse professional contexts. The study highlights that strong English skills enhance communication abilities, facilitate cross-cultural collaboration, and open doors to global opportunities. These factors collectively contribute to professional mobility and success in the globalized labor market. Plus one thing that should not be out of attention is not only English language open opportunities but also knowing the country's own language gives the key to opening their own chance doors for example Korea and Japan. Everyone knows these two countries always appreciate foreigners who know their language and try to help them to advance in their career ladder.

In conclusion, learning a foreign language is an important skill that can benefit individuals in numerous ways. From cultural understanding and appreciation to career and educational opportunities, brain benefits and cognitive development, travel and exploration, and fostering cultural exchange and diplomacy, the importance of learning a foreign language cannot be overstated.

Moreover in today's world, learning a foreign language is more than just a skill- it is a gateway to personal, social, and professional growth. Proficiency in another language enhances communication skills, boosts confidence, and fosters cultural understanding, making individuals more adaptable in diverse environments.

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