

## PSYCHOLOGICAL IMPACT OF MARRIAGE MOTIVATIONS ON THE STABILITY OF FAMILY RELATIONSHIPS AMONG YOUTH: SOCIAL-PSYCHOLOGICAL CHARACTERISTICS

*Anarbayeva Feruza Shermatovna*

**Abstract:** The role of marriage motivations in the stability of family relationships has been increasingly discussed in contemporary psychological research, especially concerning youth. The psychological factors influencing young people's motivations for marriage are crucial for understanding how these motivations shape the dynamics of family life. This article explores the social-psychological characteristics of marriage motivations among youth and how these factors impact the strength and longevity of marital bonds. Through examining various motivations for marriage—emotional, social, and economic—this article highlights the psychological processes that affect the stability of family relationships, as well as the social and cultural context within which young people form these motivations.

**Keywords:** Marriage motivations, family stability, youth, psychological influence, social-psychological characteristics, family dynamics, emotional, social, economic factors.

### Introduction

Marriage is a significant life event that plays a key role in shaping an individual's psychological and social development. The reasons behind why individuals choose to marry are multifaceted, influenced by cultural norms, emotional needs, social expectations, and personal values. For youth, the motivations behind marriage can have a lasting impact on the success and stability of their marital relationships. Understanding the psychological dynamics of marriage motivations among young people is crucial, as it allows for a deeper exploration of how these motivations affect family life. This article aims to investigate the psychological influence of marriage motivations on family stability, focusing on the social-psychological characteristics of youth.

### Literature Review

The relationship between motivations for marriage and the stability of family life has been extensively studied in psychology. According to various studies, marriage motivations can be categorized into emotional, social, and economic factors. For instance, emotional motivations stem from a desire for companionship, love, and personal fulfillment, while social motivations may arise from societal pressures and family expectations. Economic motivations are often driven by practical considerations such as financial stability and the pursuit of a secure future.

**Emotional Motivations:** Emotional intimacy and the desire for deep, lasting connections are frequently cited as primary motivations for marriage among youth (e.g., Abulhanova, 2009). Psychological theories suggest that emotional needs—such as affection, companionship, and belonging—can strongly influence one's decision to marry. These motivations can lead to greater marital satisfaction when both partners' emotional needs are met.

**Social Motivations:** Social expectations, often rooted in cultural norms, family traditions, and peer pressure, also play a significant role in marriage decisions. Young people, particularly in traditional societies, may feel the need to marry due to societal pressures, which may influence the stability of their marital relationships (Alekseeva, 2011). In contrast, youth in more individualistic cultures may prioritize personal fulfillment over social conformity when making marriage decisions.

**Economic Motivations:** The pursuit of financial stability and the desire for a secure family life are common motivations among youth today. In many cases, economic factors such as job security, housing, and material wealth can shape young people's decisions to marry (Aganbekov, 2004). Economic pressures can either strengthen a relationship when partners are aligned in their goals or contribute to marital instability if there are disagreements regarding financial priorities.

## Discussion

The psychological impact of marriage motivations on family stability is highly influenced by the combination of emotional, social, and economic factors. These motivations can have both positive and negative effects on marital relationships, depending on how well they align with each partner's values and expectations.

**Positive Impact of Emotional Motivations:** When young people enter marriage with the motivation to cultivate love, affection, and mutual understanding, the relationship is often characterized by greater emotional fulfillment and support. Emotional connection strengthens marital bonds, promoting stability and longevity. Moreover, emotionally motivated marriages tend to experience higher levels of satisfaction, as both partners feel valued and connected.

**Negative Impact of Social Motivations:** On the other hand, marriages driven primarily by social expectations and external pressures may face challenges. When individuals marry to conform to societal norms or to fulfill family obligations, they may experience a lack of genuine emotional fulfillment. This dissonance between societal expectations and personal desires can lead to dissatisfaction, communication breakdowns, and increased stress within the relationship, which can threaten the stability of the marriage.

**Economic Pressures and Family Stability:** Economic factors also have a profound impact on marriage stability. For young couples, financial stress can strain marital relations, especially if there is disagreement over spending, saving, or career priorities. However, when economic goals are aligned and both partners share similar financial values, it can enhance family stability. Financial challenges are more easily overcome when both partners work collaboratively to manage resources and support each other's career ambitions.

## Conclusion

The motivations for marriage among youth are diverse and multifaceted, deeply influencing the stability and success of family relationships. Emotional motivations tend to contribute positively to marital satisfaction and family stability, while social motivations may lead to dissatisfaction if they do not align with individual desires. Economic motivations play a



significant role, with financial stability being a key factor in relationship dynamics. In order to foster stronger, more stable families, it is essential to understand and address the psychological factors that shape marriage motivations among youth. Providing psychological support and guidance for young couples can enhance their ability to navigate the challenges of marriage and create stable, fulfilling family lives.

**References:**

1. Abulhanova, K.A. (2009). Activity and Personality Psychology. Moscow: Nauka.
2. Alekseeva, L.Kh. (2011). Reflection as a Means of Creative Understanding. Moscow: Russian Academy of Sciences, Institute of Psychology.
3. Aganbekov, A. (2004). The Role of Economic Factors in Family Stability. Psychological Issues in Family Studies.