

THE NEED FOR THE DEVELOPMENT OF A HARMONIOUS PERSONALITY AND ITS PHILOSOPHICAL ASPECTS

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Annotation: The formation of a harmonious personality in all respects is important for the stability and future of society as the main goal of National Education. This article analyzes the concept of a harmonious personality, its main features and ways of formation. Areas such as spiritual and moral education, physical education, cognitive and intellectual development, social activities and civil education, creativity and culture are covered in detail. The role of the family, school, national and religious values in the education of the individual and the importance of this process for society are also indicated. The opinions presented in the article are enriched by recommendations aimed at further improving the national education system.

Key words: upbringing, activity, scientific research, harmonious personality, social sphere, intellectual development.

The formation of a harmonious personality in all respects is the main goal of National Education. In the words of our president: “the upbringing of the younger generation has been important and relevant in all times. But, in the 21st century in which we live, this issue is really becoming a matter of life-matter.” A competent person is understood as a person who is physically healthy, spiritually rich, morally pure, knowledgeable, creative, socially active and understands civic duties. This article will dwell more broadly on the basic principles and methods of forming a harmonious personality in all respects. Spiritual and moral education is important in the formation of a person as a person. This upbringing begins first of all in the family. It is of great importance that a parent is an example to their children, teaching them spiritual values such as kindness, respect, honesty. And the school continues and deepens this upbringing. It is important that teachers are fair, attentive and kind to students, encouraging them to be good people.

Religion and national values also play a large role in spiritual and moral education. Religion teaches people qualities such as goodness, patience, honesty, Fidelity. And national values enrich the younger generation spiritually through the history, culture, customs of the people. Therefore, it is necessary to promote religious and national values widely among readers. Physical education is an integral part of the formation of a harmonious personality. In schools and sports circles, it is important to ensure the physical health of students, to encourage them to play sports. Sports Form not only healthy, but also such qualities as discipline, endurance, willpower. A healthy lifestyle is an important part of physical education. Young people should be taught to eat healthy food, give up harmful habits, and engage in regular exercise. Through a healthy lifestyle, young people become energetic not

only physically, but also mentally. Knowledge acquisition and intellectual development are one of the main factors in the formation of a harmonious personality in every possible way. The educational system should give students comprehensive knowledge, teach them skills such as independent thinking, problem solving, creative approach.

The expansion of modern technologies and Information Resources is facilitating the process of acquiring knowledge. Reading and scientific research are important parts of cognitive and intellectual development. It is necessary to encourage young people to read books, create conditions for conducting scientific research. Through this, young people not only gain knowledge, but also develop their intellectual potential. It should be noted that social activity is of great importance in the formation of a harmonious personality in all respects.

The moral, ethical and aesthetic development of students in primary education helps to strengthen not only their personal development, but also their place in society. Moral and ethical upbringing serves to educate children as affectionate, fair, respectful people for others. Aesthetic education, on the other hand, allows children to understand beauty and develop a love for art.

The development of students in this aspect is achieved through the high pedagogical skills of teachers and their adherence to moral and ethical standards. At the same time, parents also need to cooperate with teachers in this process and contribute to the moral, ethical and aesthetic education of their children.

Young people should actively participate in social life, not be indifferent to the problems of society. Through various activities, projects, volunteer activities in this regard, they can be trained in social responsibility. Civil education forms such qualities as patriotism of young people, respect for laws, awareness of civil duties. Young people should realize their duty to the state and society, comply with the laws, work selflessly for the motherland. Creativity and culture are an integral part of the formation of a harmonious personality.

It is important to interest young people in art and culture, to attract them to the activities of creativity. Through this, they develop their creative potential, enhance their aesthetic taste. Cultural events contribute significantly to the spiritual and cultural development of young people. Various concerts, exhibitions, theater and cinema enrich the youth culturally. These activities expand the worldview of young people, enhance their aesthetic tastes. The formation of a harmonious personality in all respects is necessary to ensure the Sustainable Development and future of society as the main goal of National Education. Areas such as spiritual and moral education, physical education, cognitive and intellectual development, social activities and civic education, creativity and culture are important in this process. In all respects, competent individuals are the main asset of society, and through them the future of the nation will be high. By educating competent individuals, we can make our society more stable, developed and prosperous. In this regard, the contribution of each person is important, and in this process it is of great importance to work cooperatively, to support each other.

Conclusion: when we are asked why it is necessary to educate a harmonious person in society, we consider the answer to this question: it is our duty to educate the young people,

who are the backbone and foundations of our nation, as individuals who are warm, qualified, and able to support themselves in every ore. Zeroki, the prospect of our homeland is in the hands of our younger generations, whose next life is growing up.

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