

**EXPRESSION OF PROFESSIONAL ACTIVITY IN PROVERBS AND SAYINGS***Kurbanova Hilola Usan kizi**Termez University of Economics and service 2-year graduate*

**Abstract** :This article looks at the topic of professional work via the perspective of proverbs and sayings. Proverbs and sayings have long been used to transmit wisdom and practical counsel, frequently based on the experiences of preceding generations. This research investigates how proverbs and sayings might reveal the values, attitudes, and ideas that support distinct professions. By evaluating these verbal phrases, we may learn about the challenges, incentives, and expectations that come with various professional responsibilities. This study attempts to get a better understanding of the cultural and social elements of professional activity by conducting a qualitative analysis of pertinent proverbs and phrases.

**Keywords:** work ethic, professionalism, integrity, dedication, excellence, commitment, skillfulness, mastery, precision, diligence

**INTRODUCTION**

Proverbs and sayings have long been used to express wisdom, counsel, and cultural ideas in succinct and memorable words. These statements frequently represent the ideals and experiences of a specific community or profession. Proverbs and sayings can provide insight into the expectations, problems, and values that govern people at work. These age-old adages, whether applied to business, medicine, law, or any other discipline, provide inspiration, encouragement, and insight for navigating the intricacies of professional life. This essay will look at how proverbs and sayings may impact behavior, decision-making, and achievement in a variety of professions.

Expressions of professional activity can often be found in proverbs and sayings that have been passed down through generations. These sayings reflect the values and attitudes towards work that have been prevalent in different cultures and societies. Here are a few examples of proverbs and sayings that highlight various aspects of professional activity:<sup>1</sup>

1. "Hard work pays off" - This proverb emphasizes the importance of putting in effort and dedication to achieve success in one's professional endeavors. It reminds us that success is not easily attained and requires perseverance and diligence.
2. "Practice makes perfect" - This saying highlights the importance of continuous improvement and honing one's skills through repeated practice. It suggests that mastery in any profession is achieved through consistent effort and learning.
3. "A bad workman blames his tools" - This proverb warns against making excuses for poor performance or lack of skill. It implies that a skilled professional takes responsibility for their work and does not blame external factors for their shortcomings.
4. "Measure twice, cut once" - This saying stresses the importance of careful planning and attention to detail in professional tasks, particularly in fields like carpentry or construction where precision is crucial.

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<sup>1</sup> Ulfatovna R. A. et al. SPECIFIC PECULARITIES OF AMERICAN ENGLISH IDIOMS //Journal of Advanced Scientific Research (ISSN: 0976-9595). – 2021. – T. 1. – №. 1.

5. "The early bird catches the worm" - This proverb underscores the advantage of being proactive and taking initiative in one's professional activities. It suggests that those who are diligent and punctual are more likely to succeed.

6. "Many hands make light work" - This saying emphasizes the benefits of teamwork and collaboration in achieving common goals. It suggests that by working together, individuals can accomplish tasks more efficiently.

7. "Don't put all your eggs in one basket" - This proverb advises against relying solely on one source of income or opportunity, highlighting the importance of diversifying one's professional endeavors to mitigate risks.

These proverbs and sayings provide valuable insights into the attitudes towards work, professionalism, dedication, and collaboration across different cultures. They serve as reminders of timeless wisdom that can guide individuals in their pursuit of success in their chosen professions.

### **THEOIRIES AND METHODS**

A proverb is a sentence that expresses the meaning of a sentence with the help of a clear and short conclusion, forms a grammatical form of a sentence, and describes the general meaning in a figurative way. S.I. Ojegova defines a proverb in his explanatory dictionary as follows: "A proverb is a folk oral aphorism in a short form of an example, and matal gives a metaphorical expression like a proverb and is mainly in the form of a complete sentence."<sup>2</sup>

Folklorist V. I. Dal says that proverbs are a product of folk oral communication, "to study proverbs and sayings, you need to study folk art. No proverbs and sayings are formed without obeying the rules of linguistics, but appear in the course of people's daily life in communication."<sup>3</sup>

In the 20th century, in addition to literary studies, folklore studies, proverbs and proverbs, through linguistic approaches, attract the attention of researchers to expressions related to linguistic studies, philosophy, and the psychology of peoples. Research scientists V.G. Kostomarov, E.M. In his scientific works, Vereshchagin clarified the linguistic and cultural features and cultural components of the problem of learning proverbs and sayings. From the linguistic and cultural point of view, proverbs and sayings are inextricably linked with external factors: people's culture, history, everyday life, etc. Regional studies and auxiliary semantic methods (national-cultural semantics) help in the study of proverbs and sayings.

Linguists E.V. Chudin and Yu.I. Moiseev classifies the functions of proverbs and matal as follows:

1. According to the task of attracting the listener's attention: against the background of a neutral context, imagery, generalization of meaning, didactic meaning, the formation of attention and the internal possibility of proverbs help to form a speech;
2. According to the task of distinguishing the communicative elements of the speech: conveying the figurative meaning to the listener in connection with the function of attracting attention;

<sup>2</sup> Палей, О.И. Работа с пословицами и поговорками на уроке английского языка в IX классе / О.И. Палей // Иностранные языки в школе. – 2010. - №1. – С. 40-42.

<sup>3</sup> Гальперин, И. Р. Текст как объект лингвистического исследования – Изд. 4-е, стер. – Москва: КомКнига, 2006. – С.10.

3. According to the task of data editing: proverbs and proverbs are expressed by forming figurative features by simplifying linguistic restrictions and meaning;<sup>4</sup>

The semantic classification of proverbs and proverbs is covered in the conducted research as follows:

1. Expressing the external qualities of a person through expressions and internal characteristics;
2. Describing the state of the person: physical, material, mental;
3. Determining and evaluating personal actions;
4. Situations: indicate the reasons, place and time of occurrence;
5. Identification and assessment of events, objects;

We can classify proverbs and sayings in different ways, depending on the purpose of the study.

### DISCUSSION AND RESULTS

Professional proverbs and sayings in English reflect the daily life of the British people. For example: "**A good archer is not known by his arrows, but his aim.**" The content of this proverb is positively evaluated and emphasizes that a person will find his place in society by achieving the goal he has set for himself.

People's spoken communication gives rise to proverbs. Its origins and use in speech remain unknown.

English proverbs related to work activities are divided into small semantic groups:

- 1) **work, diligence and motivation for work;**
- 2) **enjoy work;**
- 3) **about daily permanent work;**
- 4) **attitude to work.**

1) Vocational work accompanies a person throughout his life and is rewarded according to his work. For example: "The laborer is worthy of his hire" - everyone is paid for his work; There is also an Uzbek proverb about the fact that a person is rewarded according to the work he has done: "**The bottom of work is pleasure**"; "**If you work, you will enjoy**"; Like "**what you earn is soup, what you don't earn is stone.**"

2) Doing work wholeheartedly and with pleasure: "**Business before pleasure**" "**Business is the salt of life**" - "**there is nothing more important than work**"; English proverbs attract people to professions and labor activities. In Uzbek folklore there are proverbs with the following content: "**Every profession has its own style**"; Such as "**Seventy skills are not enough for a young man**".

3) Every person should have his own profession, profession. English proverbs also emphasize that a person takes his professional activities seriously and takes his place in society through that profession. For example: "**Everybody's business is nobody's business**" "**The cobbler should stick to his last**" - **the cobbler should stick to his craft**; Among the Uzbek people, there is a saying "**It is not working; If you don't like it, you won't laugh**"; "**Learn one craft until you can play a hundred crafts**"; Proverbs such as "work feeds a man, laziness burns grass" are used very often.

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<sup>4</sup> Магировская, О.В. Национально-культурные особенности лингвистической картины мира (на материале английских и русских пословиц и поговорок): Учебное пособие по английской филологии. – Красноярск : РИО УГПУ, 2005. – С. 116.

4) English proverbs about a person's attitude to his work: "A good beginning makes a good ending"; "It is the first step that costs" is the blessing of a well- started work; Proverbs and sayings not only express people's world view and lifestyle, but also embody the philosophical, social, aesthetic mentality and religious views of a certain people. By incorporating these proverbs and sayings into your mindset and approach to work, you can draw inspiration from timeless wisdom to enhance your professionalism, productivity, and success in your professional endeavors.

#### CONCLUSION

In conclusion, the use of proverbs and sayings in expressing professional activity serves as a valuable tool for conveying wisdom, advice, and lessons learned in the workplace. These succinct and memorable phrases offer insight into various aspects of professional life, such as leadership, teamwork, perseverance, and success. By incorporating these age-old adages into our daily work routines, we can draw inspiration and guidance from the collective wisdom of generations past. Ultimately, embracing the wisdom found in proverbs and sayings can help us navigate the complexities of our professional endeavors with clarity, purpose, and resilience.

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