

THE ROLE OF NATIONAL UPBRINGING IN THE DEVELOPMENT OF A HARMONIOUS PERSONALITY

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Annotation: This article explores the relevance of cultivating a well-rounded personality, the role of national values in personal development, and the core essence of national upbringing. It justifies the necessity of using educational methods rooted in national traditions, customs, and heritage in raising the younger generation, especially in the context of globalization. The impact of national upbringing through family, school, and society on the socialization of individuals is also analyzed.

Keywords: Harmonious personality, national upbringing, values, spirituality, family, school, tradition, education system, youth, modernity.

As the President has emphasized, 'Building a New Uzbekistan begins with raising a new generation that is knowledgeable, well-mannered, patriotic, and harmonious.' This truth lies at the core of national statehood and building a strong society. Today, one of the most pressing tasks for every educator and parent is the upbringing of a harmonious personality. National values, traditions, and oral folklore form the foundation of this process.

A harmonious personality is someone who is physically, morally, ethically, intellectually, and aesthetically developed; thinks independently; knows the history and culture of their nation; and possesses a strong sense of national pride and patriotism. Key criteria include strong worldview, ethical conduct, thirst for knowledge, loyalty to national identity and values, physical and spiritual health. Additionally, social interaction, civic activity, leadership, and digital literacy are essential features that develop through broad-based education.

National upbringing is a system of values, traditions, customs, folk wisdom, and religious beliefs passed from generation to generation. It encompasses a nation's way of life, cultural norms, and moral standards. The main directions of national upbringing include moral and ethical education, aesthetic development, labor discipline, patriotism, and family ethics.

The family is the first and most important stage of national upbringing. A child first encounters national values, respect, honor, and dignity within the family. The personal example of parents, their adherence to traditions, and daily practices like reading, shared activities, and cultural celebrations such as Navruz and Eid play a critical role in the child's development. Schools and educational institutions are essential for formalizing and reinforcing national values. National upbringing is integrated into subjects like literature, history, music, and ethics. Methods include using folklore, stories of historical figures, role-playing, and religious-moral discussions. Teachers must attend seminars and training sessions to enhance their skills in delivering culturally rich education both in and out of the classroom.

In the era of information technology and cultural influx, preserving national identity is more important than ever. Young people are exposed to foreign influences, sometimes adopting undesirable behaviors. To counteract this, national upbringing must be reinforced using digital tools and content creation, such as cultural campaigns, social media challenges, and educational vlogs that promote positive national identity. Modern information and communication technologies play a growing role in young people's lives. Educational apps, animations, social media channels, and multimedia lessons about folklore, idioms, and traditions can effectively transmit knowledge and cultural values. These tools not only educate but also attract the attention of youth.

The effectiveness of national upbringing largely depends on the teacher's example. A teacher's behavior, appearance, speech, and commitment to values influence students. Sharing personal life stories and genuine advice during lessons fosters trust. A teacher should not only be an instructor but also a mentor and guide for life.

Conclusion

The upbringing of a harmonious personality is a continuous and structured process. National upbringing tools form its core. Families, schools, and communities must acknowledge their role and actively participate in instilling Uzbek values in the younger generation. National upbringing is not merely a tradition of the past but a foundation for building a modern, cultured society.

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