

## FEATURES OF MODERN UZBEK NATIONAL DANCE

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**Annotation:** Based on the role of dance in the spiritual and educational development of a person, it is a requirement of the time to attach great importance to ensuring the harmony of material and spiritual life by forming national and universal values, a high aesthetic and moral culture in the minds of young people. This article analyzes the specific features of modern Uzbek national dance art.

**Key words:** National, Uzbek, dance, choreography, art, principle, development, culture.

**Аннотация:** Исходя из роли танцевального искусства в духовно-просветительском развитии человека, требованием времени является придание большого значения обеспечению гармонии материальной и духовной жизни путем формирования в сознании молодежи национальных и общечеловеческих ценностей, высокой эстетической и нравственной культуры. В данной статье анализируются особенности современного узбекского национального танцевального искусства.

**Ключевые слова:** Национальный, узбекский, танец, хореография, искусство, принцип, развитие, культура.

**Annotatsiya:** Raqs san'atining inson ma'naviy-ma'rifiy kamolotidagi tutgan o'rnidan kelib chiqib, yoshlar ongida milliy va umuminsoniy qadriyatlar, yuksak estetik va axloqiy madaniyatni shakllantirish orqali moddiy va ma'naviy hayot uyg'unligini ta'minlashga katta ahamiyat qaratilshi davr talabidir. Ushbu maqolada zamonaviy o'zbek milliy raqs san'atining o'ziga xos xususiyatlari haqida tahliliy fikr yuritilgan.

**Kalit so'zlar:** Milliy, o'zbek, raqs, xareografiya, san'at, tamoyil, taraqqiyot, madaniyat.

In our country, as in all spheres of public life, positive changes have occurred in the cultural sphere, and the formation of personal culture, raising the standard of living, and forming spiritual thinking in people has been elevated to the level of state policy. This is due to the fact that large-scale work is being carried out to further develop the cultural life of society and the spiritual and moral development of young people through musical art. Based on the role of dance in the spiritual and educational development of a person, it is a requirement of the time to attach great importance to ensuring the harmony of material and spiritual life by forming national and universal values, a high aesthetic and moral culture in the minds of young people. The art of dance is an artistic method of studying human life and the entire world. The unique treasure of the Uzbek people is their unparalleled, beautiful, and graceful dances. Uzbek dance art is extremely diverse and diverse in genres and forms, distinguished by its remarkable performance charm, vivid expressiveness, and content.

Uzbek dance schools develop in the "master-student" tradition, in which the art of dance is mastered even more perfectly. Having mastered the most subtle aspects of dance from the master, the student also receives guidance from the master artist. The main criterion in the preservation of our national heritage and values to this day is the mentor-student tradition.

In recent years, great attention has been paid in Uzbekistan to the objective study of the historical roots of Uzbek theatrical art, its introduction to the world, and the improvement of the sphere based on modern requirements. This shows the importance of preserving the traditions of Uzbek theatrical art and analyzing them from a historical point of view. Also, at the expanded meeting of the Republican Council for Spirituality and Enlightenment, held on December 22, 2023, under the leadership of the President of the Republic of Uzbekistan, it was noted that "it is necessary to develop a separate program document on the development of our national idea, which will serve as a methodological basis for the sphere of spirituality and culture."<sup>1</sup>.

Art critic L. Avdeeva writes in her book "From the History of Uzbek National Dance": "Dance is an art that exists in time and space, in which the artistic image is created by rhythmically organized visual and expressive movements of the human body." True, dance cannot be explained by such a short rule. This rule only describes the appearance of the dance.<sup>2</sup>

Dance is not an art unique to a single nation, but a product of universal artistic creation, a type of art common to all nations of the world.

A person created the art of full-fledged dance only when they felt the need to express the beauty of life, their place in this vast world, their feelings, subtle feelings, and philosophical thoughts through body movements. Meeting this mysterious need has become a part of human life.

With the development of world civilization, the art of dance also developed. Various schools and trends emerged within Uzbek dance art itself, and due to development, local dances grew to the status of national dance. The art of dance flourished especially during the Eastern Renaissance, that is, during the era of Amir Timur and the Timurids. Women played a particularly important role in it. In the dances, the diversity of historical layers was clearly visible. Thanks to dance enthusiasts, Uzbek national dance continued to develop, and remarkable dances emerged that have survived to this day.

Dances arise in the sense of imitation of certain movements and situations in everyday life and work and turn into dance movements. Later, they were further refined and refined. From the beginning of the 20th century, Uzbek stage dance developed as a separate independent art form. Many devotees of the art of dance, such as Muhiddin Qoriyoqubov, Yusufjon qiziq Shakarjonov, Usta Olim Komilov, Tamaraxonim, Isohor Oqilov, Mukarrama Turg'unboyeva, and Gavkhar Rakhimova, ensured its successful development. Thanks to the unique style of each dedicated choreographer, choreographer, and teacher, the dances of the artists they trained also acquire colorfulness. By the 1960s, not only dance practitioners but also theorists contributed to its development. Thanks to their work, manuals, textbooks, and monographs dedicated to dance were created, which, in turn, contributed to the development of dance education and upbringing. In particular, the scientific research of art historian Lyubov

<sup>1</sup> Prezident: Ma'naviyat boshqa sohalardan oldinda yurishi, yangi kuchga, yangi harakatga aylanishi kerak/ [https://president.uz/uz/rasmiy\\_sayti](https://president.uz/uz/rasmiy_sayti) 2023.

<sup>2</sup> N.E.Abraykulova "Raqs san'ati asoslari". Toshkent – "Donishmand ziyosi" – 2023 70-b.

Avdeyeva on the history of Uzbek dance art, and the textbooks of dance practitioner and theorist Roziya Karimova have become important manuals in the field of dance.”<sup>3</sup>

Dancing is very enjoyable for professional dancers, as this art form means constant self-improvement and continuous practice to improve dance movements. If you want to reach the heights of this art, you need to spend at least 4 hours a day and no less than 2 hours three times a week for children. The qualities of a true dancer, along with talent, are such indicators as patience, desire, work capacity, and love for what you do. There are many types of dances that can be chosen according to a person's age and taste. There are dances that live forever. However, there are also dance styles that appear within 1-2 years and then disappear. But can the tango, waltz, and classical ballet types of dance die? Of course not. Works of art, created at a complex, perfect level, live forever.<sup>4</sup>

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<sup>3</sup> Sh.Jalilova O‘zbek raqsini o‘qitish uslubiyoti. O‘quv qo‘llanma.-T.2020 83-84 betlar.

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