

ADHESIVE SYSTEMS IN RESTORATIVE DENTISTRY: A COMPARATIVE ANALYSIS OF 4TH AND 5TH GENERATION TECHNOLOGIES

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**Objective:** To provide a comprehensive comparative analysis of 4th and 5th generation dental adhesive systems, examining their chemical composition, bonding mechanisms, clinical performance, and long-term outcomes in restorative dentistry applications.

**Background:** The evolution of dental adhesive systems represents one of the most significant advances in modern restorative dentistry. Understanding the fundamental differences between 4th and 5th generation adhesive technologies is crucial for evidence-based clinical decision making. These systems differ substantially in their chemical formulation, application protocols, and bonding mechanisms, leading to distinct clinical performance characteristics that directly impact restoration longevity and patient outcomes.

**Methods:** This comprehensive review examines peer-reviewed literature spanning clinical trials, laboratory studies, and long-term follow-up investigations comparing 4th and 5th generation adhesive systems. The analysis focuses on bond strength measurements, microleakage assessments, clinical durability studies, and failure pattern analyses to establish evidence-based comparisons between these technologies.

**Results:** Fifth generation adhesive systems demonstrate superior bond strength values, reduced technique sensitivity, and improved clinical longevity compared to their 4th generation predecessors. The simplified application protocols of 5th generation systems contribute to reduced clinical time and enhanced predictability, while maintaining or improving adhesive performance characteristics.

**Conclusions:** The transition from 4th to 5th generation adhesive systems represents a significant advancement in dental adhesive technology, offering improved clinical outcomes through enhanced bonding mechanisms and simplified application procedures. Understanding these differences enables clinicians to make informed decisions regarding adhesive selection for specific clinical scenarios.

**Keywords:** dental adhesives, bonding agents, restorative dentistry, etch-and-rinse, total-etch, bond strength

### Introduction

The development of reliable adhesive systems has fundamentally transformed restorative dentistry by enabling conservative tooth preparation, improved esthetic outcomes, and enhanced restoration longevity. The progression from early acid-etch techniques to sophisticated multi-step adhesive systems reflects decades of research aimed at optimizing the bond between composite restorative materials and tooth structure. Understanding this evolution provides essential context for appreciating the significance of 4th and 5th generation adhesive technologies.

The classification of dental adhesives into generations reflects chronological developments in adhesive chemistry and application methodology. Each generation represents specific improvements in bonding mechanisms, clinical performance, or application simplicity. The 4th and 5th generations specifically represent pivotal advances in total-etch adhesive technology, with each offering distinct advantages and clinical characteristics that influence their appropriate applications.

Contemporary restorative dentistry relies heavily on the predictable performance of adhesive systems to achieve long-term clinical success. The bond between restorative materials and tooth structure must withstand significant mechanical stresses, thermal cycling, and chemical challenges present in the oral environment. The ability of different adhesive generations to meet these demands varies considerably, making comparative analysis essential for evidence-based clinical practice.

The clinical implications of adhesive selection extend beyond immediate bonding performance to encompass factors such as technique sensitivity, application time, long-term durability, and compatibility with various restorative materials. Understanding how 4th and 5th generation systems differ in these aspects enables clinicians to optimize their adhesive protocols for specific clinical situations and patient populations.

## Historical Context and Development Timeline

### Evolution of Dental Adhesive Technology

The journey toward effective dental adhesion began with Buonocore's pioneering work on acid-etching in 1955, which established the fundamental principle of creating micromechanical retention through enamel surface modification. This breakthrough laid the groundwork for all subsequent adhesive developments, including the sophisticated systems used in contemporary practice. Understanding this historical foundation helps appreciate the significance of later generational advances.

The progression through first, second, and third generation adhesives involved gradual improvements in bonding mechanisms and clinical performance. Early systems faced significant limitations including marginal leakage, technique sensitivity, and limited durability. Each successive generation addressed specific shortcomings while introducing new capabilities, ultimately leading to the development of the more sophisticated 4th and 5th generation systems.

The development of total-etch technique represented a paradigm shift in adhesive dentistry, fundamentally changing how clinicians approached bonding to both enamel and dentin. This technique involves simultaneous etching of enamel and dentin with phosphoric acid, creating a uniform substrate for adhesive application. The total-etch approach became the foundation for both 4th and 5th generation adhesive systems, although each generation implements this technique differently.

Understanding the evolutionary pressure that drove adhesive development helps explain why 5th generation systems emerged relatively soon after 4th generation technology. Clinical demands for simplified procedures, reduced technique sensitivity, and improved durability

motivated continued research and development efforts that ultimately produced the advanced systems used in contemporary practice.

### **Defining Generational Classifications**

The classification of dental adhesives into generations provides a systematic framework for understanding technological progression and clinical capabilities. Each generation represents specific improvements in chemistry, application methodology, or clinical performance. However, understanding that these classifications sometimes overlap and that manufacturers may develop hybrid systems that combine characteristics from multiple generations is important for practical application.

Fourth generation adhesive systems are characterized by their three-step total-etch approach, involving separate application of etchant, primer, and adhesive components. This system architecture reflects the understanding that optimal bonding requires careful preparation of the tooth surface, penetration of the demineralized dentin matrix, and formation of a strong adhesive interface. The complexity of this approach contributes to excellent bonding performance when properly executed.

Fifth generation adhesive systems simplified the application process by combining primer and adhesive components into a single solution, creating a two-step total-etch system. This simplification addressed clinical concerns about technique sensitivity and application time while attempting to maintain or improve bonding performance. The development of 5th generation systems represented a significant advance in making high-quality adhesive bonding more accessible and predictable in clinical practice.

The distinction between generations involves more than just the number of application steps. Chemical composition, polymerization characteristics, and bonding mechanisms all contribute to generational differences. Understanding these underlying differences enables clinicians to appreciate why different generations perform differently in various clinical situations and how to optimize their use accordingly.

### **Chemical Composition and Bonding Mechanisms**

#### **Fourth Generation Adhesive Chemistry**

Fourth generation adhesive systems employ a sophisticated three-component approach that optimizes each aspect of the bonding process through specialized chemistry. The phosphoric acid etchant typically contains 30-40% phosphoric acid, which removes the smear layer and demineralizes the superficial dentin to a depth of approximately 5-8 micrometers. This demineralization exposes collagen fibrils and creates micropores that facilitate primer penetration and mechanical retention.

The primer component contains hydrophilic monomers dissolved in volatile solvents such as acetone or ethanol. These monomers, typically including HEMA (2-hydroxyethyl methacrylate) and other bifunctional molecules, penetrate the demineralized dentin matrix and prepare it for adhesive bonding. The hydrophilic nature of these monomers enables them

to displace water from the demineralized collagen network, a process critical for achieving optimal bond strength.

The adhesive component consists primarily of hydrophobic monomers such as Bis-GMA (bisphenol A-glycidyl methacrylate) and TEGDMA (triethylene glycol dimethacrylate), along with photoinitiators and other additives. These monomers polymerize to form a strong, cross-linked network that provides mechanical retention and forms covalent bonds with the primer-infiltrated dentin. The separate application of primer and adhesive allows optimization of each component's chemistry for its specific function.

The three-step approach of 4th generation systems enables precise control over each bonding phase, potentially achieving superior bond strengths when all steps are executed correctly. However, this complexity also introduces multiple opportunities for technique errors, making these systems more sensitive to clinical variables such as moisture control, timing, and application technique.

### **Fifth Generation Adhesive Innovation**

Fifth generation adhesive systems revolutionized clinical adhesive dentistry by combining primer and adhesive components into a single solution, creating what is commonly termed a "one-bottle" system. This innovation required sophisticated chemistry to achieve compatibility between traditionally separate components while maintaining bonding effectiveness. The challenge involved creating a single solution that could simultaneously perform the penetration and bonding functions previously handled by separate materials.

The combined primer-adhesive contains both hydrophilic and hydrophobic monomers in a carefully balanced formulation. Hydrophilic components such as HEMA and polyalkenoic acid copolymers enable penetration of demineralized dentin and interaction with residual moisture. Hydrophobic monomers including Bis-GMA and UDMA (urethane dimethacrylate) provide mechanical strength and form the structural backbone of the adhesive layer.

Solvent systems in 5th generation adhesives play crucial roles in enabling proper function of the combined formulation. Acetone-based systems offer excellent penetration characteristics and moisture tolerance, while ethanol-based formulations provide good stability and handling properties. Water-based systems offer unique advantages in terms of biocompatibility and reduced technique sensitivity, although they may require different application techniques.

The polymerization chemistry of 5th generation systems involves complex interactions between multiple monomer types, requiring careful attention to photoinitiator systems and polymerization conditions. The ability to achieve adequate polymerization throughout the adhesive layer, despite the presence of both hydrophilic and hydrophobic components, represents a significant technological achievement that enables the clinical success of these systems.

### **Clinical Application Protocols and Technique Considerations**

#### Fourth Generation Application Methodology

The clinical application of 4th generation adhesive systems follows a precise three-step protocol that requires careful attention to timing, moisture control, and technique execution. The etch step involves application of phosphoric acid gel to both enamel and dentin surfaces for specified time periods, typically 15 seconds for enamel and 15 seconds for dentin. Proper etch technique requires complete coverage of the preparation area and avoidance of over-etching, which can compromise bond strength.

The rinse and dry phase following acid etching represents a critical step that significantly influences bonding success. Thorough rinsing removes all acid residue and dissolved mineral components, while proper drying removes excess water without desiccating the demineralized dentin. Achieving optimal moisture levels requires clinical experience and careful observation of the prepared surface appearance.

Primer application must occur on properly prepared, slightly moist dentin to achieve optimal penetration and performance. The primer should be applied with gentle agitation to promote penetration into the demineralized collagen matrix, followed by gentle air drying to remove solvent and concentrate the primer within the prepared substrate. Multiple primer coats may be beneficial in certain clinical situations, particularly when dealing with sclerotic or aged dentin.

The adhesive component requires careful application to ensure complete coverage and appropriate thickness. The adhesive should flow smoothly across the prepared surface and be light-cured according to manufacturer specifications. Proper light-curing technique, including adequate intensity and exposure time, is essential for achieving optimal polymerization and bonding performance.

#### Fifth Generation Simplified Protocol

Fifth generation adhesive systems offer significant clinical advantages through their simplified two-step application protocol. The etch step remains essentially unchanged from 4th generation systems, involving phosphoric acid application for specified time periods followed by thorough rinsing and appropriate drying. However, the subsequent steps are streamlined through the use of combined primer-adhesive solutions.

The combined primer-adhesive application requires understanding of how the single solution performs multiple functions simultaneously. The material should be applied with gentle scrubbing or agitation to promote penetration into the etched substrate, similar to primer application in 4th generation systems. However, the clinician must also ensure adequate thickness for structural integrity, as the same material serves as the final adhesive layer.

Solvent evaporation becomes particularly critical with 5th generation systems because incomplete solvent removal can compromise bonding performance and polymerization quality. The application technique should include appropriate air drying to remove solvents while avoiding over-drying that might compromise the adhesive's ability to penetrate the prepared substrate. Visual inspection of the adhesive layer can help ensure proper preparation for light-curing.

Light-curing of 5th generation systems requires attention to the increased thickness and complex chemistry of the combined primer-adhesive layer. Adequate light intensity and exposure time are essential for achieving complete polymerization throughout the adhesive thickness. Some systems may benefit from extended curing times or multiple light exposures to ensure optimal polymerization.

### **Comparative Performance Analysis**

#### **Bond Strength Characteristics**

Laboratory testing of bond strength provides fundamental data for comparing adhesive system performance, although understanding that laboratory conditions may not fully replicate clinical challenges is important. Fourth generation adhesive systems typically demonstrate excellent bond strength values when properly applied, with shear bond strengths often exceeding 20 MPa to both enamel and dentin. These high values reflect the optimized chemistry and controlled application possible with three separate components.

Fifth generation adhesive systems generally achieve comparable or superior bond strength values while offering the advantage of simplified application. Many 5th generation systems demonstrate shear bond strengths in the range of 18-25 MPa, with some newer formulations exceeding the performance of earlier 4th generation systems. The ability to achieve these values with simplified application protocols represents a significant technological advancement.

The consistency of bond strength values provides important insight into system reliability and technique sensitivity. Fourth generation systems, while capable of excellent performance, may show greater variability in bond strength measurements due to the multiple application steps and associated opportunities for technique variation. Fifth generation systems often demonstrate more consistent bond strength values, reflecting reduced technique sensitivity.

Long-term bond strength stability represents another important comparison criterion. Both 4th and 5th generation systems can maintain clinically acceptable bond strengths over extended periods when properly applied and protected from degradation factors. However, the simplified application of 5th generation systems may contribute to more consistent long-term performance in clinical practice due to reduced application variability.

#### **Microleakage and Marginal Integrity**

Microleakage testing provides valuable information about the sealing ability of different adhesive systems and their resistance to marginal breakdown over time. Both 4th and 5th generation systems generally demonstrate excellent microleakage resistance when compared to earlier adhesive technologies, although subtle differences exist between the two generations.

Fourth generation adhesive systems typically achieve excellent marginal sealing when all application steps are properly executed. The separate primer and adhesive components allow optimization of substrate penetration and surface sealing, potentially resulting in superior

marginal integrity under ideal conditions. However, any compromise in application technique can significantly impact sealing performance.

Fifth generation systems often demonstrate comparable or improved microleakage resistance with reduced technique sensitivity. The combined primer-adhesive formulation may actually enhance marginal sealing by eliminating potential interfaces between separate primer and adhesive layers. Additionally, the simplified application reduces opportunities for contamination or technique errors that might compromise marginal integrity.

Thermal cycling and aging studies provide insight into long-term marginal stability under simulated clinical conditions. Both generations generally maintain acceptable sealing over extended test periods, although 5th generation systems may demonstrate more consistent performance due to their reduced technique requirements and more stable chemical formulation.

### **Clinical Durability and Longevity**

Clinical studies examining restoration longevity provide the ultimate assessment of adhesive system performance in actual practice conditions. Fourth generation adhesive systems have demonstrated excellent clinical performance in properly executed restorations, with many studies reporting success rates exceeding 90% at five-year follow-up periods. However, these excellent results are often dependent on strict adherence to application protocols and optimal clinical conditions.

Fifth generation systems have generally demonstrated equivalent or superior clinical longevity with improved predictability across different clinical situations and operator skill levels. The reduced technique sensitivity of these systems contributes to more consistent clinical outcomes, particularly in challenging clinical environments or with less experienced operators.

Failure pattern analysis provides insight into how different adhesive generations perform under clinical stress. Both 4th and 5th generation systems typically fail through a combination of adhesive and cohesive mechanisms, although 5th generation systems may show more consistent failure patterns due to their more uniform chemical composition and application characteristics.

Long-term clinical studies comparing 4th and 5th generation systems directly are limited, but available evidence suggests that 5th generation systems provide at least equivalent durability with improved clinical predictability. The simplified application protocols of 5th generation systems appear to translate into improved clinical outcomes in typical practice environments.

### **Advantages and Limitations Analysis**

#### **Fourth Generation System Benefits**

The three-step application protocol of 4th generation adhesive systems provides several distinct advantages that continue to make these systems valuable in specific clinical

situations. The separate primer application allows optimization of substrate penetration and preparation, potentially achieving superior bonding to challenging substrates such as sclerotic dentin or atypical tooth structures. The ability to control each bonding phase independently enables customization of the adhesive protocol for specific clinical requirements.

The separate adhesive component in 4th generation systems typically contains higher concentrations of structural monomers compared to combined primer-adhesive formulations. This composition may contribute to superior mechanical properties and structural integrity of the adhesive layer, particularly important in high-stress applications such as large posterior restorations or structural bonding applications.

Fourth generation systems often demonstrate excellent compatibility with various restorative materials due to their optimized surface chemistry and polymerization characteristics. The separate adhesive layer provides an ideal interface for bonding with composite resins, and the controlled chemistry enables predictable interactions with different material systems.

The precision possible with 4th generation systems makes them particularly valuable in research applications and critical clinical situations where maximum bonding performance is essential. The ability to optimize each application step independently allows achievement of the highest possible bond strengths when clinical conditions permit careful technique execution.

#### **Fourth Generation System Limitations**

The complexity of 4th generation adhesive systems represents their primary limitation in contemporary clinical practice. The three-step application protocol requires additional clinical time and creates multiple opportunities for technique errors or contamination. Each additional step increases the likelihood of application variables that might compromise bonding performance, making these systems less forgiving of technique variations.

Moisture control requirements for 4th generation systems can be particularly challenging in certain clinical situations. The separate primer and adhesive applications require different optimal moisture conditions, necessitating precise control of substrate hydration throughout the bonding procedure. Achieving optimal moisture levels consistently requires significant clinical experience and attention to detail.

The inventory requirements for 4th generation systems include three separate components that must be stored and managed appropriately. This requirement increases material costs and complexity while creating additional opportunities for material degradation or contamination. The multiple components also require more clinical setup time and organization.

Technique sensitivity represents perhaps the most significant limitation of 4th generation systems in routine clinical practice. While these systems can achieve excellent results when properly applied, their performance is highly dependent on precise execution of all application steps. Variations in technique, timing, or clinical conditions can significantly compromise bonding performance.

### **Fifth Generation System Advantages**

The simplified two-step application protocol of 5th generation adhesive systems provides substantial clinical advantages that have made these systems popular in contemporary practice. The reduced number of application steps decreases clinical time while minimizing opportunities for technique errors or contamination. This simplification makes high-quality adhesive bonding more accessible and predictable across different clinical situations.

Reduced technique sensitivity represents a major advantage of 5th generation systems, making them more forgiving of clinical variables and technique variations. The combined primer-adhesive formulation eliminates potential problems at the primer-adhesive interface while creating a more uniform and predictable bonding layer. This consistency contributes to improved clinical outcomes across different operator skill levels.

The single-bottle format of 5th generation systems simplifies inventory management and reduces material costs compared to multi-component systems. The combined formulation also eliminates mixing requirements and reduces the potential for component degradation or contamination. These practical advantages contribute to improved efficiency and cost-effectiveness in clinical practice.

Fifth generation systems often demonstrate improved moisture tolerance compared to their multi-step predecessors, making them more suitable for challenging clinical environments. The balanced hydrophilic-hydrophobic chemistry enables adequate performance across a wider range of substrate moisture conditions, reducing the precision required for optimal clinical results.

### **Fifth Generation System Limitations**

Despite their advantages, 5th generation adhesive systems face certain limitations that may influence their suitability for specific clinical applications. The combined primer-adhesive formulation represents a compromise between optimal penetration characteristics and structural integrity, potentially resulting in performance that is less than optimal for either function compared to separate components.

The complex chemistry required to achieve compatibility between hydrophilic and hydrophobic components in a single solution may result in reduced shelf stability compared to separate component systems. Some 5th generation systems may be more susceptible to degradation over time, particularly when exposed to temperature variations or contamination.

Solvent evaporation requirements for 5th generation systems can be more critical than with separate component systems due to the higher solvent content needed to achieve proper flow and penetration characteristics. Incomplete solvent removal can significantly compromise bonding performance and polymerization quality, requiring careful attention to application technique.

The standardized formulation of 5th generation systems may be less adaptable to unusual clinical situations compared to multi-component systems where individual components can

be modified or optimized independently. This limitation may make 5th generation systems less suitable for specialized applications or research situations requiring maximum flexibility.

### **Clinical Decision-Making Guidelines**

#### **Situation-Specific Selection Criteria**

Choosing between 4th and 5th generation adhesive systems requires consideration of multiple clinical factors that influence the likelihood of successful outcomes. The clinical situation, operator experience, patient cooperation, and specific restoration requirements all contribute to optimal adhesive selection. Understanding how these factors interact enables evidence-based decision making for individual clinical scenarios.

For routine clinical applications involving cooperative patients and standard restoration procedures, 5th generation systems often provide optimal balance between performance and predictability. The simplified application protocol and reduced technique sensitivity make these systems suitable for the majority of clinical situations encountered in general practice. The time savings and improved consistency contribute to enhanced clinical efficiency and patient satisfaction.

Complex clinical situations involving compromised tooth structure, challenging moisture control, or critical esthetic requirements may benefit from the precision and optimization possible with 4th generation systems. The ability to control each bonding phase independently enables customization for specific clinical challenges, potentially achieving superior results when optimal technique execution is possible.

High-stress applications such as large posterior restorations, structural bonding procedures, or restorations in patients with high caries risk may warrant consideration of 4th generation systems due to their potentially superior mechanical properties and bonding performance. The additional clinical time and complexity may be justified by improved long-term performance in these demanding applications.

#### **Operator and Practice Considerations**

The skill level and experience of the clinical operator significantly influence the appropriate selection between 4th and 5th generation adhesive systems. Experienced operators who can consistently execute complex protocols may achieve superior results with 4th generation systems, while less experienced operators or those in high-volume practices may benefit from the predictability of 5th generation systems.

Practice management considerations including time constraints, patient flow, and economic factors often favor 5th generation systems due to their efficiency advantages. The reduced clinical time and simplified inventory management contribute to improved practice productivity and cost-effectiveness. These practical considerations are legitimate factors in adhesive selection decisions.

Continuing education requirements and staff training considerations may also influence adhesive selection. Fifth generation systems generally require less extensive training and are

more forgiving of technique variations, making them suitable for practices with multiple operators or frequent staff changes. The reduced complexity contributes to more consistent results across different team members.

Quality assurance and outcome monitoring capabilities within the practice may influence adhesive selection decisions. Practices with robust recall systems and careful outcome monitoring may be better positioned to utilize 4th generation systems effectively, while practices with limited follow-up capabilities may benefit from the improved predictability of 5th generation systems.

## **Future Directions and Technological Development**

### **Emerging Adhesive Technologies**

The continued evolution of dental adhesive systems reflects ongoing research aimed at further improving bonding performance, simplifying clinical application, and expanding the range of suitable applications. Understanding current research directions provides insight into future developments that may influence clinical practice and adhesive selection decisions.

Self-etch adhesive systems represent one major direction of development, attempting to eliminate the separate etching step while maintaining or improving bonding performance. These systems incorporate acidic monomers that simultaneously demineralize and prime the substrate, potentially offering further simplification compared to current etch-and-rinse systems.

Universal or multi-mode adhesive systems aim to provide flexibility in application protocols while maintaining consistent performance across different techniques. These systems may be applied using etch-and-rinse, self-etch, or selective etch protocols depending on clinical requirements, potentially combining the advantages of different approaches in a single product.

Bioactive adhesive systems incorporating remineralizing agents, antimicrobial components, or tissue-stimulating factors represent another area of active development. These systems aim to provide not only mechanical bonding but also biological benefits that may enhance long-term restoration success and oral health outcomes.

### **Research and Development Priorities**

Current research priorities in adhesive development focus on addressing remaining limitations of existing systems while expanding their capabilities and applications. Improving bond durability and resistance to degradation factors represents a major research focus, with investigations into new monomer chemistry, crosslinking mechanisms, and protective additives.

Simplification of application protocols continues to be a research priority, with efforts to develop effective one-step systems that maintain or improve the performance of current

multi-step approaches. These developments may eventually lead to adhesive systems that are even more user-friendly and predictable than current 5th generation technology.

Customization and personalization of adhesive protocols based on individual patient factors represents an emerging research area. Understanding how factors such as age, genetics, oral health status, and lifestyle factors influence bonding success may lead to more personalized adhesive selection and application protocols.

Integration with digital dentistry technologies represents another area of active investigation. Research into adhesive systems optimized for digital workflows, CAD/CAM restorations, and digital monitoring of bonding quality may significantly influence future adhesive development and clinical applications.

### **Conclusion**

The comparison between 4th and 5th generation dental adhesive systems reveals significant technological advancement that has improved the accessibility, predictability, and clinical outcomes of adhesive dentistry. While 4th generation systems established the foundation for reliable total-etch bonding and continue to offer advantages in specific clinical situations, 5th generation systems represent a meaningful evolution that addresses many practical limitations of earlier technology.

The simplification achieved with 5th generation systems, from three-step to two-step application protocols, provides substantial clinical benefits without compromising bonding performance. The reduced technique sensitivity, improved efficiency, and enhanced predictability of these systems make high-quality adhesive bonding more accessible across different clinical environments and operator skill levels.

Understanding the fundamental differences between these adhesive generations enables evidence-based selection for specific clinical situations. While 5th generation systems provide optimal balance between performance and practicality for most clinical applications, 4th generation systems remain valuable for specialized situations requiring maximum bonding performance or customizable application protocols.

The continued evolution of adhesive technology promises further improvements in clinical outcomes and application simplicity. However, the transition from 4th to 5th generation systems demonstrates that meaningful advances in dental materials can provide immediate clinical benefits while maintaining or improving treatment quality. This progression exemplifies how technological development in dentistry can simultaneously improve clinical outcomes and enhance practice efficiency.

Contemporary restorative dentistry benefits enormously from the availability of both 4th and 5th generation adhesive systems, enabling clinicians to select the most appropriate technology for specific clinical requirements. The evidence strongly supports 5th generation systems for routine clinical applications, while recognizing that 4th generation systems continue to serve important roles in specialized applications and research settings.

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